



JDT Determination & Commitment



It takes a tremendous amount of commitment to remain competitive on the National and International level. We, as members of the JDT and JDT Staff, must be totally committed to excellence and continuing to learn, grow and improve. We must do this not only as individual JDT members and competitors, but as a team as well. Our resolution must be that we are determined to be the best in the world, not just the best in the United States.

The Junior United States Archery Team (Jr. USAT) ranking is very important and is used to select international teams where there are no team trials for that event. Because of this we must attempt to compete in the Jr. USAT ranking events and achieve as high a Jr. USAT rank as possible so that more of us will be selected for these teams in the future. The first international competition for JDT members should not be the one for which they are selected for a Youth World Championship team at a team trial.

Just so that everyone understands, this commitment comes not only from the JDT Members, but from the JDT Staff and Coaches as well. We have to be committed as a team if we want to reach the competitive excellence that is necessary to win on an international level. The following is the minimum commitment that the JDT Archers, Coaches, and Staff must display.

Here's what is expected from the JDT Archers:

- Attend at least three of the JOAD, Jr. USAT ranking tournaments.
- Attend Jr. World trials if you are competing in a class that is participating in the Jr. World Championships.
- Attend 2 JDT camps per calendar year and not miss two consecutive camps unless specifically approved beforehand.
- Show continuing technical progress in your shooting form.
- Show continuing improvement in the ability to self-coach.
- Show physical progress from camp to camp using the Beep Test or the fitness test results.
- Be able to demonstrate and explain the National Coaching System before a group.
- Be a team player.
- Participate in all JDT camp activities unless injured.
- Display exemplary sportsmanship and respect to others at all times.
- Maintain contact with assigned JDT coach between camps by email, phone, Skype or video.
- Submit JDT Home Log Book weekly to Coach Lee and assigned JDT Coach.
- Always follow JDT Code of Conduct.

The JDT Staff and Coaches must show the same level of dedication and commitment as JDT Archers. Here's what is expected from the JDT Staff and JDT Coaches in return:

- Total dedication to National Coaching System and expert knowledge of KSL Shot Cycle.
- Provide JDT Members with the most professional coaching team in the world.
- Make time available for JDT archers to contact assigned coaches on a scheduled basis between JDT camps.
- Attend as many Jr. USAT ranking events as possible and assist with coaching JDT archers as needed.
- Communicate with each other and the JDT Staff to keep up to date on issues affecting the JDT.
- Continue their coaching education and pursue advanced coaching certifications.
- Attend seminars as presenters when possible.

- Take a leading role and more responsibility in the coaching community to promote the National Coaching System and JDT mission.

These are the minimum requirements that we need to achieve to show our commitment to the JDT. We are a team, made up of diverse athletes and coaches, but we must speak with one voice and act as one body. That is the essence of a team. When we are at tournaments, we are the Junior Dream Team, not a group of individuals in matching shirts. We all must work hard to improve our minds and bodies so that we can increase our archery skills and build a better team.

We have to start looking forward to next year's competition season now. Please sign this letter showing that you understand the requirements that are necessary to be selected to the JDT as a member or remain as a member of the Junior Dream Team through the 2010 competition season. You may fax, mail or email this form to me no later than August 15, 2009, or return it to me personally.

Sincerely,

Kisik Lee

USA Archery National Head Coach

Parent's Signature: _____

Date: _____

Archer's Signature: _____

Date: _____